Name: Prof. Yousef A Abuhmaidan

Date of birth: 20/5/1956

Place of birth: Amman Jordan

Nationality: Jordanian

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Amman-Jordan

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Major: Applied Psychology and Behavior Analysis (Behavior Modification)

Qualifications:

- PhD in Psychology (Applied Behavior Analysis and Behavior Modification) From Western Michigan University.
- Masters degree in Psychology (Applied Behavior Analysis and Behavior Modification)
- Bachelor degree in Psychology. Jordan University

Training workshops obtained during and after PhD degree.

- 1. Internship at Corydon School
- 2. Working for 3 years at WMU Self Management Center
- 3. College teaching workshop at KFUPM
- 4. College teaching workshop at Mutah University

Courses I taught:

Bachelor level

- 1. Introduction to Psychology
- 3. Introduction to Special Edu
- 5. Behavior Modification
- 7. Developmental Psychology
- 9. Mental Health
- 11. School Psychology
- 12. Selected English Readings in Special Education
- 13. Psychology of Physiology
- 15.. Psychology of Personality
- 14Clinical Psychology (Medicine dept.
- 16. Assessment and Diagnosis in

2. Educational Psychology

8. Social Psychology

10. Psychology of Play

4. Behavior Modification (LTL)

6. Psychology of Adjustment

Counseling

17. Selected English Readings in Counseling

18. Abnormal Psychology

- 19. Research methodology in Psych.
- 21. Evaluation of the effect of disaster
- 23. Intro to Behavioral Consultation
- 25. Learning and cognition 1
- 27.Industrial Psychology
- 29. behavioral consultation selection

- 20. Stress Management
- 22. Psychology of Family disorders.
- 24. Special subject In Psychology
- 26. Intro to Psychotherapy
- 28. Criminal Psychology
- 30. Psychology of Personnel

Master Level

- 1. Psychology of Adolescence
- 3. Early Intervention
- 5. Seminar in Child Psychology
- 7. Learning and cognition
- 9. Psychotherapy

- 2. Advanced Behavior Analysis
- 4. Counseling skills
- **6.** Research design and methodology
- 8.Developmental Psychology

PhD Level

- 1. School Psychology
- 3. Psychotherapy and Counseling

2. The Ethological Basis of Development

Working Experiences:

- 1. Faculty member at the faculty of Arts in Psychology Dept. at Jordan University 2021
- 2. Faculty member at the faculty of Arts in Psychology Dept. at Al-Ain University 1/9/2019- 9/7/2021
- 3. Faculty member at the faculty of Arts in Psychology Dept. at Jordan University 1/9/2018 13/9/2021
- 1. Faculty member at the faculty of Arts in Psychology Dept. at Al-Ain University 20/8/2016-20/8/2018
- 2. Faculty member at the faculty of Arts in Psychology Dept at Jordan University 1/9/2018
- 3. Faculty member at the faculty of Education, Humanities and social Sciences in Al-Ain university of Science and Technology. UAE. 20/8/2016-3/7/2018
- 4. Faculty member at the faculty Sciences Arts in Psychology Dept at Jordan University Dept since 2010-2016

- 5. Faculty member at the faculty of Educational sciences Mut'ah University 2008-2010
- 6. Dean of faculty of Educational sciences. Since Tafila University 9/9/2007-9/2008
- 7. Dean of Sport Sciences at Mut'ah University from 1/9/2003 -31/8/2007
- 8. Faculty member of "College of Education" at Al Balka University 13/2/2002----31/8/2002
- 9. Dean of Princess Rahma College
- 10. Head of Education Dept. -Al Balka University 2/1/2002--- 12/2/2002
- 11. Vice dean of student affairs deanship at Mutah University 2/12/1997—1/7/1998
- 12. Director of Services Unit at Mutah University 2/4/1996—1/12/1997
- 13.Dean assistant of Faculty of Educational Sciences 1/8/1996—1/4/1997
- 14. Psycho therapist at KFUPM Clinic Saudi Arabia 2/9/1989—2/7/1995
- 15. Assistant professor General Studies dept at KFUPM 2/9/1989—2/7/1995
- 16. Teacher Assistant at Psychology dept at WMU 1985—1989
- 17. Sales Representative at Sappco/ Saudi Arabia 1980-1984
- 18.Public Relation officer at Logistic support group Saudi Arabia 1979—1980

Association membership:

- 1. A member at Applied Behavior Analysis Association
- 2. A member at Saudi Education and Psychology Group
- 3. A member at Jordan Association of Psychology
- 4. Member at the American Behavioral Association for Autism

Government Association membership

- 1. A member at the board of trustees Al-al-bayt University from 8/2018
- 2. A member at the Supreme Council for youth. Jordan from 8/2006-8/2008

Published Research:

- 1. The Impact of the Coronavirus Pandemic on the Level of Life Satisfaction among Al-Ain University Students and its Relationship with Some Demographic Variables. Dirsat VOL 49 6/2022
- 2.
- 3. The Psychological and Social effects of Distance education from The viewpoints of Students Guardians. Published at Turkish Journal of Distance education-TOJDE 23/11/2021 volume 23.

- 4. Compatibility with University life for Al Ain university students in light of a number of demographic variables. Yousef Abuhmaidan &Khawlah Al-Tkhayneh . published at Psychology and Education journal 2021

 **PSYCHOLOGY AND EDUCATION (2020) 57(8): 682-696
- 5. The Impact of the Coronavirus Pandemic on Mental Health among Al Ain University Students in Light of some Demographic Variables . Youssef Abuhmaidan & Salwa Al-Majali . Published at Psychiatria Danubina 2020 Vol 32 No 3-4 PP 482-490
- 6. Differences in the level of evolution of the motive of affiliation in a sample for students of the University of Jordan according to some demographic variables. Together with prof. M. Baniyounis. Published in Dirsat for Human ansd Social sciences Vol 47 No 1 (2020)
- 7. The Relationship between levels of Pain, Anxiety and Depression with the Health –related Quality of life among chronic low Back Pain Patients. Together with Zaid Alkhwaldeh. Published in the International Journal of Humanities and Social Sciences Vol. 9,No 6 2019
- 8. Psychological Health, Anxiety, and Depression among Residents of Zayed Family Care House In the United Arab Emirates. Together with Moza Ali Al-Nuaimi. Published in Journal of Scoial Affairs No 142 (2019)
- 9. Rational and Irrational Thoughts and its Relationship with Optimism and Pessimism for Cancer Patients in Jordan. Together with M. Sharabati. Accepted published at Almishkat Journal for Humanities and social studies 2019. Jordan
- 10. University Adjustment and Its Relation to the Characteristics of Extroversion and Neuroticism. Together with Dr. Marwan Al-Zoubi International Proceeding of Economics Developmental and Research. Humanity and Social science (ICHSS2014). volume 80
- 11. The prevalence of social anxiety among university students and its relationship to some Mu'tah demographic variables
- 12. The required characteristics of the faculty as seen by Mutah university students. Together with Dr. Sari Swaqed publication at Damascus University Journal for Educational sciences Vol (24) No (1) 2008.

- 13. The prevalence of learned helplessness phenomema among the students of college of sport sciences at Mutah University and its relation with some variables. Published at Educational Journal of Al-Azhar University no (132) part (2) 2007
- 14. Professional values for nursing staff in Al-Karak province and their relationship with certain variables. Together with Dr Naif Al-Tarawneh. Published at Journal of Educational Sciences No (1) 2007.
- 15. Parents utilizing dry-bed for reducing nocturnal enuresis behavior for their child. Published at Mutah journal for humanities and social sciences vol (21) no (4) 2006.
- 16. The impact of using a token economy reinforcement program in reducing the excessive hyperactive behavior in the students of the first primary class in Al-Karak city. Together with Ameera majali Published at Mutah journal for humanities and social sciences Vol (22) No (4) 2007.
- 17. The effect of using a group-counseling program to treat learned helplessness among ten grader in Maan public schools Together with Hassan Alrawwad . Published at Mutah journal for humanities and social sciences Vol (22) No (4) 2006.
- 18. The Fatalities and Perpetrators of Family Violence: Characteristics, Consequences, and Treating methods. Published at Educational Journal of Al-Azhar University No (132) Part 1 2006.
- 19. Research Methodology in Behavior Modification as Seen by Skinner and Behaviorist. Published at Educational Journal of Al-Azhar University No (129) Part 2 2006.
- 20. The effect of using cognitive behavioral therapy on treating patient with high blood pressure. Published in Journal of King Abdulaziz University: Educational sciences. Vol 14. 2001
- 21. The development of stress through tenses (past, present, future) and its relation with several variables (gender, economy and social status) for teachers studying at mutah University . Published in Damscus University Journal for Educational sciences 2001.
- 22. The importance and necessity to establish an Arab association for mental health. Accepted for publication at Journal of Educational Sciences 2000
- 23. A theoretical Analysis review for modeling. Published in the scientific Journal: faculty of Education. Vol 6 2000
- 24. Conceptual Analysis and Behavioral Application of time-out. Published in the scientific Journal: faculty of Education. 1999
- 25. Punishment and its effect on changing the inappropriate behavior to normal behavior. Published in Security Journal 1996.

- 26. Mental health establishments its presence and future status. Published in Al-taaoun Journal 1994.
- 27. The effect of training for the family of the mentally retarded family on the use of behavior modification procedure upon the learning of the mentally retarded child Published in the Journal of Education 1994.
- 28. Addiction of Alcohol: definition, causes, and treatment methods. Published in Arab Journal for Security Studies & Training 1993
- 29. The behavior modification procedures for treating delinquency. Published in Security Journal 1993.
- 30. The essential role of educational members in educational process. Published in Qatar Education Journal. 1992
- 31. Learning to learn. Arab golf Journal 1991

Conference Research and scientific colloquium:

- 1. Participating as a speaker to the (15) hours symposium "Regional to Global Transition of Refugee Mental Health towards Resilience" Held in JU 2-3 July 2019.
- 2. participating in the Mu'tah conference "Toward a safe society " kark with a paper titled " The fatalities and perpetrators of family violence 3/2006
- 3. participating in the conference of physical education colleges and institutes held in Libya 2006
- 4. participating in the conference of physical education colleges and institutes held in Cairo 2005
- 5. participating in the conference of caritas society regarding child labor held in Cairo 2005
- 6. participating in the conference of physical education colleges and institutes held in Amman 2004
- 7. Participating in monthly colloquium of King saud university at Riyadh with a paper titled "Mental health its presence and future status" 1994
- 8. Participating in the fifteenth colloquium at Prince Naif for Security studies and training with a paper titled " The selection procedure of security officer" 1993
- 9. Participating in the twenty fifth colloquium at Prince Naif for Security studies and training with a paper titled "The role of mental health association in creating multi discipline treatment system. 1993
- 10.Participating in the second educational conference of Bahrain University with a paper titled "The problems of university students" 1991

11.Participating in the academic counseling held in KAU Jeddah. With a paper titled "learning to learn" 1990

Published articles in regular magazines

- 1. An article titled "neurosis "published in Alkafelah magazine, Saudi Arabia
- 2. An article titled "neurosis "published in Alkafelah magazine, Saudi Arabia
- 3. An article titled" Mental Retardation" Alkafelah magazine, Saudi Arabia
- 4. An article titled" How to help our children get ready for exams" Alkafelah magazine, Saudi

Written Books

- 1. A book titled Interpersonal Techniques 2019
- 2. A book titled "Introduction to Personality" 2019
- 3. A book titled "Interpersonal and Positive Interaction skills" Dar Ithra publication. Amman: Jordan. Co-author Published 2016
- 4. A book titled "Introduction to Psychology" coauthor. published 2015
- 5. A book titled "Behavior Modification: Theory and Application" published 2003
- 6. A book titled "Behavioral Therapy for family problems and society. published 1997

Translated Books:

- 1. Translating a book into Arabic titled "SOS Help for parents "published 2002
- **2.** Translating a book into Arabic titled " A practical Guide to Solving Preschool Behavior problems " published 1993

Reviewed Books:

- 1. Reviewing a book for the University of Jordan.
- 2. Reviewing a book in counseling requested by King Saud University, Saudi Arabia
- 3. Reviewing a book Titled "The role of computer in Teaching children"

- 4. Reviewing a book Titled "Teaching Reading and Writing Skills for Children" requested by Albalqa University in Jordan.
- 5. Revision for the book of: The behavior of behavior

Participating in writing manuals and leaflets and attending media interviews:

- 1. Participating in writing a manual titled" handicapping: Suggestions and Recommendations. Published by KFUPM, Saudi Arabia
- 2. Two interviews for Saudi televisions regarding Mental Retardation
- 3. Session in titled "Mental Health Services and its effects on the society" For KFUPM television
- 4. Two session titled" Adolescences problems" for Jordan Television
- 5. Many sessions for Jordan broadcasting in several psychological topics

Preparing and giving specialized workshops:

- 1. Teaching a course in a behavior science for physicians working at the ministry of health in Jordan
- 2. Giving a workshop in the hospital of Taif in Saudi Arabia for psychiatrists titled the methods of behavioral therapy.
- 3. Giving a workshop for Specialist in special education working at Sanea school for helping handicapped children, Saudi Arabia, titled "Behavior Modification Procedures
- 4. Giving a workshop for Specialist in special education working at Sanea school for helping handicapped children, Saudi Arabia, titled "Advanced workshop in Behavior Modification Procedures"

Other workshops:

- 1. A workshop titled" Psychological Stress " Honored by Eradah Establishment
- 2. Several workshops in "Behavior Modification and Anxiety" in Southern province of Jordan
- 3. Several lectures for schools students at southern province of Jordan
- 4. Providing Counseling services for students referred by different authorities.
- 5. Providing free counseling for local community.

Other Tasks:

- 1. Participating in many committees at the university
- 2. Supervising Masters degree students
- 4. Evaluating Doctoral dissertation upon the request Faculty member at the faculty of Arts in Psychology Dept at Jordan University 1/9/2018
- 3. of the ministry of Higher Education at Hashemite Kingdome of Jordan.